



Amsler Grid Instructions:

- Wear your reading glasses.
- Place or hold the grid 12 inches from the face.
- Cover one eye.
- Look directly at the center dot with the uncovered eye.
- While looking at the center dot, note whether all of the lines in the grid are straight or if any areas are distorted, blurred or dark.

If any areas are distorted, blurred or dark; contact your ophthalmologist immediately.